

HIGH SCHOOL BREAKFAST

Wed - 03/01/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
MUFFIN, HAM & EGG	1 EACH	25.00
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
ORANGE JUICE 4 OZ	1 EACH	13.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Thu - 03/02/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
ORANGE PINEAPPLE JUIC	1 CONTAINER	14.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Fri - 03/03/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
BISCUIT, BACON, EGG & C	1 EACH	27.00
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
APPLE JUICE 4 OZ	1 EACH	13.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Mon - 03/06/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
TORNADO, EGG & SAUSA	1 EACH	21.01
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
GRAPE JUICE 4 OZ	1 EACH	19.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Tue - 03/07/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
TORNADO, EGG & SAUSA	1 EACH	21.01
FRUIT, APPLE	1 EACH	16.00

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FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
JUICE, APPLE CHERRY, 10	1 EACH	13.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Wed - 03/08/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
TORNADO, EGG & SAUSA	1 EACH	21.01
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
ORANGE JUICE 4 OZ	1 EACH	13.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Thu - 03/09/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
TORNADO, EGG & SAUSA	1 EACH	21.01
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
ORANGE PINEAPPLE JUIC	1 CONTAINER	14.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Fri - 03/10/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
TORNADO, EGG & SAUSA	1 EACH	21.01
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
APPLE JUICE 4 OZ	1 EACH	13.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Mon - 03/20/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
BISCUIT, SAUSAGE & CHE	1 EACH	26.00
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
GRAPE JUICE 4 OZ	1 EACH	19.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Tue - 03/21/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00

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FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
JUICE, APPLE CHERRY, 10	1 EACH	13.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Wed - 03/22/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
MUFFIN, HAM & EGG	1 EACH	25.00
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
ORANGE JUICE 4 OZ	1 EACH	13.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Thu - 03/23/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
ORANGE PINEAPPLE JUIC	1 CONTAINER	14.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Fri - 03/24/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
BISCUIT, BACON, EGG & C	1 EACH	27.00
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
APPLE JUICE 4 OZ	1 EACH	13.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Mon - 03/27/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
BISCUIT, SAUSAGE & CHE	1 EACH	26.00
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
GRAPE JUICE 4 OZ	1 EACH	19.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Tue - 03/28/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00

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DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
JUICE, APPLE CHERRY, 10	1 EACH	13.00
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Wed - 03/29/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
MUFFIN, HAM & EGG	1 EACH	25.00
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
ORANGE JUICE 4 OZ	1 EACH	13.00
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Thu - 03/30/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
ORANGE PINEAPPLE JUIC	1 CONTAINER	14.00
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Fri - 03/31/2017	Portion Size	G Carb
DONUTS, CHOC, 6 PK	PACKAGE	39.00
DONUTS, POWDER, 6 PK	PACKAGE	42.00
CINNAMON BUN	1 EACH	38.00
BAGEL, WHOLE WHEAT	1 EACH	29.00
BISCUIT, BACON, EGG & C	1 EACH	27.00
FRUIT, APPLE	1 EACH	16.00
FRUIT, ORANGE WEDGES	ORANGE (WHOLE)	15.00
APPLE JUICE 4 OZ	1 EACH	13.00
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.